

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: ZCT

Coachinfo: Warming up from: 13:00 untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Impe Inge HEADCOACH

Coaches: De Weerd Amélie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M FREESTYLE MIXED 10-9			Heat:1, starttime: 14:00
Heat: 1/3 Lane : 4 Athlete: SWEECK ISE			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 1: 50M FREESTYLE MIXED 10-9			Heat:2, starttime: 14:01
Heat: 2/3 Lane : 1 Athlete: ROCKELé ANNABEL			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): 00:40.90 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 1: 50M FREESTYLE MIXED 10-9			Heat:2, starttime: 14:01
Heat: 2/3 Lane : 3 Athlete: SLAGMOLEN PIM			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

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Event number: 1: 50M FREESTYLE MIXED 10-9			Heat:3, starttime: 14:02
Heat: 3/3 Lane : 4 Athlete: VANDEPOEL JEF			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:4, starttime: 15:25
Heat: 4/10 Lane : 5 Athlete: CHRISTIAENS TUUR			Q-time: 00:42:74
PB (25m pool): 00:42.74 LEUVEN. 22/02/2026			PB (50m pool): 00:46.53 SB: 00:42.74 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:42.74	
	00:42.74		
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:5, starttime: 15:26
Heat: 5/10 Lane : 4 Athlete: WINDEY LOUIS			Q-time: 00:39:08
PB (25m pool): 00:39.08 Aarschot 26/04/2026			PB (50m pool): 00:43.07 SB: 00:39.08 Aarschot 26/04/2026
	2 5 M	5 0 M	
PB		00:39.08	
	00:39.08		
			

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+			Heat:8, starttime: 15:29
Heat: 8/10 Lane : 1 Athlete: TORDOIR MILAS			Q-time: 00:32:90
PB (25m pool): 00:32.90 Aarschot 26/04/2026			PB (50m pool): 00:38.98 SB: 00:32.90 Aarschot 26/04/2026
	2 5 M	5 0 M	
PB		00:32.90	
	00:32.90		
			

Coach feedback:

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Event number: 7: 200M BACKSTROKE MIXED 10-9							Heat:1, starttime: 15:33	
Heat: 1/3 Lane : 2 Athlete: SLAGMOLEN PIM							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MIXED 10-9							Heat:1, starttime: 15:33	
Heat: 1/3 Lane : 4 Athlete: SWEECK ISE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MIXED 10-9							Heat:2, starttime: 15:36	
Heat: 2/3 Lane : 3 Athlete: BIYIK NIDA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MIXED 10-9							Heat:2, starttime: 15:36	
Heat: 2/3 Lane : 4 Athlete: ROCKELé ANNABEL							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 7: 200M BACKSTROKE MIXED 10-9							Heat:3, starttime: 15:40	
Heat: 3/3 Lane : 1 Athlete: VANDEPOEL JEF							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MIXED 10-9							Heat:3, starttime: 15:40	
Heat: 3/3 Lane : 4 Athlete: CRETSKENS LENISE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+							Heat:2, starttime: 16:58	
Heat: 2/8 Lane : 3 Athlete: CHRISTIAENS TUUR							Q-time: 01:58:29	
PB (25m pool): 01:58.29 Tienen 26/10/2025				PB (50m pool): 01:47.75 SB: 01:58.29 Tienen 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:56.35		01:58.29				
	00:56.35		01:01.94					
								

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+							Heat:3, starttime: 17:01	
Heat: 3/8 Lane : 4 Athlete: WINDEY LOUIS							Q-time: 01:43:32	
PB (25m pool): 01:43.32 Tienen 26/10/2025				PB (50m pool): 01:37.10SB: 01:43.32 Tienen 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:50.16		01:43.32				
	00:50.16		00:53.16					
								

Coach feedback:

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Event number: 12: 100M BACKSTROKE MEN 11+					Heat:6, starttime: 17:09	
Heat: 6/8 Lane : 2 Athlete: TORDOIR MILAS					Q-time: 01:23:97	
PB (25m pool): 01:23.97 Aarschot 26/04/2026					PB (50m pool): 01:25.90 SB: 01:23.97 Aarschot 26/04/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:41.24		01:23.97		
	00:41.24		00:42.73			
						

Coach feedback: